

September

CLASS 1 SCHEDULE (AGES 2-4)

Circle Time Themes:

- Concentration, Quiet, and Sitting, Standing, Greeting a person, Labor Day, Mexican Independence Day, Earthquake and Fire Drill

Practical Life Exercises

- Sitting on the line
- Walk around a cabinet
- Walk to end of cabinet
- Walk around a rug
- Rolling a rug

Sensorial Exercises

- Pink Tower and Centering exercises
- Knobbed Cylinders (Block 1 & 2,3 & 4 for advanced kids)
- Long Rods (Red) and making of maze
- Geometry demonstration tray
- Geometry trays
- Geometry trays with cards
- Mystery Bag with geometric shapes
- Mystery Bag with familiar items



Language Arts

- The silence game
- I spy activity
- 1st Box of Colors & Box 2 for advanced kids
- Sand paper letters – Start with **S, M & C**
- Naming Body Parts (Eyes, Ears, Nose, Hands, Legs, Feet, Knees, Elbows, Head, Mouth)

Music (Refer to Song Menu)

- **Song 1:** Nursery Rhymes – Hello, Glad to see you, We Welcome You, Starting the day, Greeting song, Start The Day With a smile, Who Is Here Today,
- **Song 2:** Hokey Pokey
- **Song 3:** Shape Songs
- Identify Basic instruments (Music Box in class): Tambourine, Tom Tom, Sand Blocks, Wrist Bells, Brass Cymbals, Maracas, Rhythm sticks, Triangle, Hand Bell, Cluster Bell, Guiro Tone Block, Jingle Clog

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Dramatic Play

- Playhouse – Role of families
- Block Areas – Build Houses
- Covering Mouth
- Not touching other people's eating spoons, forks

Arts & Crafts (Refer to Arts & Crafts Menu)

- 1: Shape Activities (4)
- 2: String painting (1)
- 3: Gadget painting
- 4: Sponge painting

Gardening

- Soft launch – Mini gardening project
- Planting winter crops (Germinating seeds inside class)

SAND PAPER LETTERS	
C	Cat, Can, Carrot, Cake, Camel, Car, Cat, Caterpillar
S	Sun, Sand, Snake, Seal, Sandwich, Saturday
M	Mommy, Mat, Mouse, Monkey

Circle Time Themes:

- Fire Safety, Traffic Lights, Jewish New Year, Spiders and Skeletons, Pumpkins
- Standing/Sitting on the Line Game, Review basic colors

Practical Life Exercises

- Rolling a rug
- Walk on the line
- Walk on the line with an object
- Carrying a tray

Sensorial Exercises

- Knobbed Cylinder (Block 1 & 2)
- Brown Stairs
- Smelling Bottles
- Tasting exercises
- 1st Box of Colors
- Place Mat

Language Arts

- The silence game
- Name of children in the class
- Basic food groups
- Metal insets (Trace both inside and out)
- Sand paper letters – Start with **T & R**
- Greeting in different languages (English/Spanish/Chinese/Japanese)

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Music (Refer to Music Menu)

- Practice for December Holiday program
- **Song 1:** Nursery Rhymes – Hello, Glad to see you, We Welcome You, Starting the day, Greeting song, Start The Day With a smile, Who Is Here Today,
- **Song 2:** Number Songs
- **Song 3:** Fire Safety Songs

Dramatic Play

- Playhouse- Restaurant related to 5 sense
- Dramatize stories, songs and poems

Arts & Crafts (Refer to Arts & Crafts Menu)

- Coloring fire safety book
- Halloween Arts Crafts (Choice of 60)
- Making clothes for December Holiday program
- Health Safety
 - Achoo
 - Healthy Food Place Mats
 - Favorite Food Collage
 - Safety Vests
- Traffic Lights, Street signs, Street Safety, Cross Walks, Stop Signs



HELLO IN OTHER LANGUAGES

Konichiwa (koh-Nee-chee-wah) is hello in Japanese.
Jambo (JAM-bo) is hello in Swahili.
Hola (OH-la) is hello in Spanish.
Ni hao (nee-Ha-OW) is hello in Chinese.
Bonjour (bohn-Zhoor) is hello in French.
Buon giorno (bwohn-JOR-noh) is hello in Italian.
Annyong ha shimnikka (An-YOH HASHim-ni-kah) is hello in Korean

SAND PAPER LETTERS

T	Tiger, Teeth, Tree, Train, Turkey, Turtle
R	Rabbit, Rainbow, Reindeer, Rain, Rice, Ring

Circle Time Themes

- Fall Harvest, November, Thanksgiving, Basic Food Groups (Bread/Cereals, Milk, Fruits & Vegetables, Meat & Protein)

Practical Life Exercises

- Carrying a tray
- Carrying a stool/chair without bumping
- Carrying a stool/chair through a furniture maze
- Carrying a stool/chair through a rug maze
- Sitting down smoothly on a chair/stool without looking
- Pushing chair/stool under the table
- Sliding a chair/stool under a table while sitting on it
- Stacking chairs/stools
- Walking backwards
- Place the material on the top shelf
- Place the material on the top table
- Place the material on the rug

Sensorial Exercises

- Knobbed cylinders (Block 1,2 & 3)
- 2nd Box of Colors

Language Arts

- Inset puzzles with 5-8 pieces
- Inset puzzles with many pieces
- Interlocking puzzles
- 3 dimensional puzzles
- Object to object matching
- Object to picture matching
- Metal insets (Trace inside and out)
- Sand paper letters – Start A (First vowel sound) to make cat, mat, rat, sat

Music (Refer to Music Menu)

- Practice for December Holiday program
- **Song 1:** Nursery Rhymes – Hello, Glad to see you, We Welcome You, Starting the day, Greeting song, Start The Day With a smile, Who Is Here Today,

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Dramatic Play

- Playhouse – identify areas of responsibility related to home and school
- Dramatize the first thanksgiving

Arts & Crafts (Refer to Arts and crafts menu)

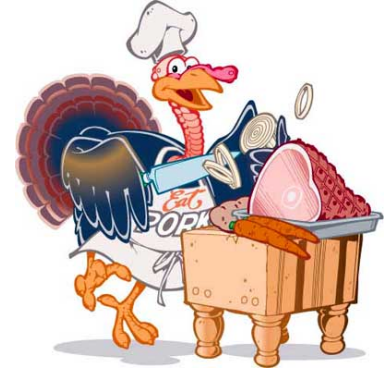
- Making clothes for December Holiday program
- Basic Food Groups Paper Collage (Bread/Cereals, Milk, Fruits & Vegetables, Meat & Protein) – **Use Saturday Newspapers flyers**
- Thanksgiving arts and crafts

Computer class

- Soft launch - Gardening project

November

CLASS 1 SCHEDULE (AGES 2-4)



THANK YOU IN OTHER LANGUAGES

Arigato (ahree-gah-tow) is thank you in Japanese.
asante (ah-sahn-the) is thank you in Swahili.
gracias (gra-see-us) is thank you in Spanish.
do jeh (daw-dyeh) is thank you in Chinese (Cantonese).
merci (mehr-see) is thank you in French.
grazie (gra-see) in Italian.
kamsa hamnida (kahn-sah=ham-nee-da) is thank you in Korean

SAND PAPER LETTERS

A	Apple, Ant, Alligator,
Combine with previous letters to make	
cat, sat, mat, rat,	

December

CLASS 1 SCHEDULE (AGES 2-4)

Circle Time Themes:

- Toys, Cookies, Christmas, Chanukah, Kwanzaa
- Santa, Reindeer, Helping Others, Latkes, Lighting a Menorah

Behavior and Work Habits

- Circle Time
- Standing/Sitting on the Line Game
- Greeting a person
- Holiday Safety – About dangers of touching Electric lights, candles (Review)

Practical Life Exercises

- Walnut transfer
- Bean transfer
- Pouring beans with two glasses
- Pouring beans with two pitches
- Sponge squeezing

Sensorial Exercises

- Knobbed Cylinder (Block 1, 2,3 & 4)
- 2nd Box of colors
- Nesting Barrels

Language Arts

- Object to object matching
- Object to picture matching
- Picture to object matching
- Picture to picture matching (Lotto)
- Look a likes matching
- Sand paper letters – Start with H, P & F

Music (Refer to Music Menu)

- Practice for December Holiday program
- **Song 1:** Nursery Rhymes – Hello, Glad to see you, We Welcome You, Starting the day, Greeting song, Start The Day With a smile, Who Is Here Today,
- **Song 2:** Holiday Songs
- **Song 3:** Christmas Songs
- **Song 4:** Hanukkah Songs

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Dramatic Play

- Playhouse – Toyshop
- Winter Holiday program
- Planting Carrots in garden

Arts & Crafts (Choose from arts and crafts menu)

- Making clothes for December Holiday program
- 1: Snowflakes Activity
- 2: Holiday Greeting Cards
- 3: Gift wrapping (Use newspaper)
- 4: Christmas Puppets/Wreath/Gingerbread man
- 5: Making Christmas Trees/Menorahs
- 6: Grocery Bag Rudolf
- 7: Kwanza Candle Card (Black/Red/Green)



What are Latkes?

Latkes are potato pancakes fried in oil. The oil is a reminder of the miraculous oil that lasted for eight days when the Temple of Jerusalem was rededicated.



What is a Menorah?

To Jews and non-Jews alike, the menorah, or Hanukkiya, is the most recognizable symbol of Hanukkah. It's usually a nine-branch candelabrum whose candles are lit by a "Shamash" or service candle which then takes its own place at the center of the menorah. The menorah itself is placed in a window or anywhere it can be seen by passers-by.

SAND PAPER LETTERS

H	Home, House,
P	Parrot, Pencil, Pig,
F	Fish, Flower, Finger,

Circle Time Themes

- The New Year, Mittens, Dr. Martin Luther King, Winter, Quilts, Chinese New Year (January 29th 2006)

Behavior and Work Habits

- Circle Time
- Standing/Sitting on the Line Game
- Greeting a person

Practical Life Exercises

- Transfer: Basting
- Whole hand grasp : Lids and containers (Open and shut)
- Transfer: 3 Finger grasp: Spooning
- Transfer: 3 Finger grasp: Strawberry Huller
- Transfer: 3 Finger grasp: Spooning
- Transfer: 3 Finger grasp: Clothespin
- Transfer: 3 Finger grasp: Clothes and Clothespin
- Transfer: Chop stick transfer

Sensorial Exercises

- 2nd Box of colors
- Thermic Tablets (Refer to special lesson plan)
- Baric Tablets (Refer to special lesson plan)
- Knob less Cylinders (In boxes)

Language Arts

- Whole to parts
- Parts to whole: Picture formation
- Parts to whole: Configuration pattern cards (CUBE)
- Patterning: Parquetry and cards
- What's missing
- Sand paper letters – Start with N & B
- States first and last name

Music (Refer to Music Menu)

- Song 1: Manners Songs
- Song 2: Nursery Rhymes – Good morning – How are you today? and others from music menu
- **2nd Review:** Identify Basic instruments (Music Box in class): Tambourine, Tom Tom, Sand Blocks, Wrist Bells, Brass Cymbals, Maracas, Rhythm sticks, Triangle, Hand Bell, Cluster Bell, Guiro Tone Block, Jingle Clog

Dramatic Play

- Play and block areas – Fire Station, Police Station, Hospital, Library
- Chinese Parade with Dragon

Mathematics

- Sandpaper numerals (0-9)
- Identify and names penny, nickel, dime, quarter
- Number Rods
- Spindle Box

Arts & Crafts (Choose from arts and crafts menu)

- B for Bug – Making Bug puppets
- B for Baby/Bed – Putting baby to bed craft
- Dragon Mask & Make dragon for parade (With Dragon Music)
- Sponge painting
- Letter N activities
- Magic Candle Picture

January
CLASS 1 SCHEDULE (AGES 2-4)

Happy
New Year!



SAND PAPER LETTERS

N	Nest, Needle, Neck,
B	Bee, Boat, Baby, Bicycle, Ball, Bat

HAPPY NEW YEAR IN CHINESE
Practice from start of month
“ Gung Hei Fat Choy ”

Circle Time Themes

- Shadows, Valentines Day, Opposites, Dental Health
- Special Days: Lincolns Birthday,

February
CLASS 1 SCHEDULE (AGES 2-4)

Behavior and Work Habits

- Circle Time
- Standing/Sitting on the Line Game
- Greeting a person

Practical Life Exercises

- Wrist Movement: Mounted nut and bolt
- Wrist Movement: Nuts and bolts
- Wrist Movement: Rolling a mat
- Wrist Movement: Tearing Paper
- Wrist Movement: Cutting Paper
- Sorting: Sorting Colors

Sensorial Exercises

- 2nd Box of colors
- Sound cylinders

Language Arts

- Association (Shoe & Sock/Cup & saucer/Comb and brush)
- Opposites
- Matching rhyming objects (Fan-Man)
- Classification: Kind of (Tea cup/paper cup/tin cup)
- Classification: Categories
- Classification: Doesn't belong
- Sand paper letters – Start with G, V, W

Music (Refer to Music Menu)

- Song 1: This is the way we brush our teeth
- Song 2: The Dentist Says

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Dramatic Play

- Dentist Office
- Post office
- Outdoor – Kite Flying

Arts & Crafts (Choose from arts and crafts menu)

- Gingerbread people craft activity
- G for Garden
- G for Gift wrapping
- V for violets in vases
- Valentine Placemats
- Valentine Wreath
- Valentine Carnations
- Starch and tissue
- String painting



SAND PAPER LETTERS

G	Goat, Girl, Grass,
V	Vase, Valentine
W	Web, Wagon

Circle Time Themes:

- Dr. Seuss, Kites, St. Patrick's Day, Easter

Behavior and Work Habits

- Circle Time
- Standing/Sitting on the Line Game
- Greeting a person

Practical Life Exercises

- Dressing: Large Button Frame
- Dressing: (Fly) Zipper Frame
- Dressing: Large Button Frame
- Dressing: Overalls Frame
- Dressing: Snap Frame
- Buckle Frame
- Bow Tying Frame

Sensorial Exercises

- 2nd box of colors
- Geometric solids
- Geometric solids with bases

Language Arts

- Picture sequence
- Naming Montessori Material (Pink Tower/Color tablets etc)
- Botany Activity:
Plant/Root/Stem/Leaves/Branches/Bud/Flower/Fruit/Seed)
- Sand paper letters – Start with **J, X & Z**

Music – (Teacher to choose from Music Menu)

- Song 1: Jack in the box
- Song 2: Five Zebras in the zoo
- Song 3: St. Patrick's Day Songs
- Song 4:

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Arts & Crafts (Choose from arts and crafts menu)

- Letter J, X & Z Activities
Jack & the beanstalk
Painting with Jell-O
Zebra stripes painting
X butterfly
- St. Patrick's day themes
- Dr. Seuss. Themes

Story Time

- Dr. Seuss – The Cat in the hat
- Dr. Seuss – Green Eggs & Ham
- Dr. Seuss – The Cat in the hat

Computer

March

CLASS 1 SCHEDULE (AGES 2-4)



SAND PAPER LETTERS	
J	Jam, Jar, Jacket
X	X-ray, Xylophone
Z	Zebra, Zipper

Circle Time Themes

- Weather, Earth Day, Zoo, Gardening

Behavior and Work Habits

- Circle Time
- Standing/Sitting on the Line Game
- Greeting a person

Practical Life Exercises

- Dressing: Safety Pin Frame
- Braiding Board
- Wiping Your Nose
- Blowing Your Nose
- Folding a cloth
- Packing a Box
- Packing a small sport bag

Sensorial Exercises

- 2nd Box of colors
- Triangle Box
- Tactile Boards
- Fabric Box

Language Arts

- Weather report
(Sunny/Cloudy/Raining/Snowing)
- History Activity: Spring/Summer/Autumn/Winter
- Zoological Activity:
Fish (Head/Eyes/Mouth/FIn)
Frog (head/mouth/eyes/legs)
Turtle (Head/Neck/Tail/Eyes/Legs)
Bird (Head/Beak/Tail/Eyes/Wings/Feet)
Mammal (Head/Ears/Neck/Eyes/Legs/Tail)
- Sand paper letters – Start with **D, Y & K**

Music (Teacher to choose from Music Menu)

- Weather Songs

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Gardening

- Prepare soil beds
- Weed
- Put in fertilizer
- Plant flowers & vegetables

Arts & Crafts

- Making a sea and land with plaster of Paris, painting it blue for water, Coloring mountains
- Planting Tomatoes
(Obtain instruction sheet)
- Weather Arts & Crafts
Rain Sticks
Cotton Clouds

April

CLASS 1 SCHEDULE (AGES 2-4)



SAND PAPER LETTERS	
D	Dog, Doll, Door, Deer,
Y	Yo-Yo, Yarn,
K	Kite, Key,

Circle Time Themes:

- Memorial Day, Zoo, Mother's Day

Behavior and Work Habits

- Circle Time
- Standing/Sitting on the Line Game
- Greeting a person

Practical Life Exercises

- Hand Washing
- Shell Washing
- Baby Washing
- Dish Washing
- Clothes Washing
- Removing a coat
- Coat Hanging
- Putting on a coat

Sensorial Exercises

- 2nd Box of colors
- Baric prisms
- Sound cylinders

Language Arts

- Sand paper letters – Start with **I, O, U**
- Metal insets (Trace inside and out)

Music

- Song 1:
- Song 2:
- Song 3:
- Song 4:

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Arts & Crafts

- Introduction to color

May

CLASS 1 SCHEDULE (AGES 2-4)

SAND PAPER LETTERS	
I	Ice
O	Owl, Orange
U	Fish, Flower, Finger,

Circle Time Themes:

- Flag Day, Father's Day, Water Play, and Summer Begins

Behavior and Work Habits

- Circle Time
- Standing/Sitting on the Line Game
- Greeting a person

Practical Life Exercises

- Social Skills: Greeting a person
- Social Skills: Addressing a person who is engaged in activity
- Social Skills : Interrupting a person who is engaged in activity
- Serving : Place setting

Sensorial Exercises

- Pink Tower and Centering exercises
- First Box of colors

Language Arts

- Sand paper letters – Start with Q & Y
- Metal insets (Trace inside and out)

Music

- Song 1:
- Song 2:
- Song 3:
- Song 4:

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Arts & Crafts

- Making something for Dad
- Making flags

June
CLASS 1 SCHEDULE (AGES 2-4)

MEMORIAL DAY



SAND PAPER LETTERS

Q	Quilt, Queen
Explain Q is always used with U	
Y	Yo-Yo, Yarn

July

CLASS 1 SCHEDULE (AGES 2-4)

Circle Time Themes

- Independence Day, Standing/Sitting on the Line Game, Greeting a person

Practical Life Exercises

- Food: Passing and Turns
- Food: Sharing snack
- Food: Chewing with the mouth closed
- Wiping and washing sticky fingers
- Crumbing table
- Cleaning up preparation before eating
- Being a host and hostess

Sensorial Exercises

- 2nd Box of colors
- 3rd Box of colors
- Pink Tower

Language Arts

- Weather report (Sunny/Cloudy/Raining/Snowing)
- Metal insets (Trace inside and out)

Music

- Song 1:
- Song 2:
- Song 3:
- Song 4:

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Arts & Crafts

- Introduction to color

Swimming

- Swimming Tuesday & Thursday
- Parents to bring towel & swim suit & sunscreen



PLEASE REFER TO SUMMER ACTIVITY CHART
FOR DETAILED DAILY PROGRAM

Circle Time

- Summer Safety, Pledge of Allegiance

Behavior and Work Habits

- Circle Time
- Standing/Sitting on the Line Game
- Greeting a person

Practical Life Exercises

- Hand Washing
- Shell Washing
- Baby Washing
- Using a broom
- Using a dust pan

Sensorial Exercises

- 1st Box of colors
- 2nd box of colors
- Brown Stairs

Language Arts

- Whole to parts
- Parts to whole: Picture formation
- Parts to whole: Configuration pattern cards (CUBE)
- Patterning: Parquetry and cards
- What's missing

Music

- Song 1:
- Song 2:
- Song 3:
- Song 4:

Mathematics

- Sandpaper numerals (0-9)
- Number Rods
- Spindle Box

Arts & Crafts

- Introduction to color

Swimming

- Swimming Tuesday & Thursday
- Parents to bring towel & swim suit & sunscreen

August

CLASS 1 SCHEDULE (AGES 2-4)



PLEASE REFER TO SUMMER ACTIVITY CHART
FOR DETAILED DAILY PROGRAM